

New Ways of Controlling Light for Therapy

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Numerous healing systems based on colored light have been devised during the 19th and 20th centuries, based on the instruments available at the time. New discoveries of the 21st century open fascinating new possibilities in using light for therapeutic purposes.

Traditionally, therapeutic light has been applied through single, static colors. Recent technological advances enable the generation of more sophisticated light patterns, resulting in more focused psycho-physiological effects. We will explore how this can be achieved with greater control of light pulsations (a process which the author calls “Light Modulation”), and of complex visual fields which can draw on the bilaterality of the brain structure.

The presentation will include live demonstrations of Light Modulation projections, providing a direct experience of the concepts introduced.

